

29 February 2016
Direct dial: 0141 530 1028
Email: fundraising@samh.org.uk

Mr Colin Sinclair

A Hayweight House
23 Lauriston Street
Edinburgh EH3 9DQ

E enquire@samh.org.uk
T 0131 516 6801
F 0131 516 6802

Dear Mr Sinclair and all at The Gathering Invitational 2016

Thank you so much for being part of Team SAMH by donating the proceeds of The Gathering Invitational 2016. You have raised an incredible £1,330.00 so far; what an amazing achievement, thank you!

Your decision to fundraise for SAMH was a great one – your support will help us reach more people who are affected by mental health issues. With you by our side, we will deliver life-changing solutions, more opportunities and better mental health to people across Scotland.

Together with your support, we can focus on **three key ways** to improve Scotland's mental health:

- We will work with GPs to ensure people have a greater number of positive choices available locally to support their mental health and well-being
- We will work tirelessly to reduce the number of people who die by suicide
- We will support more people who want to work into meaningful, sustainable employment

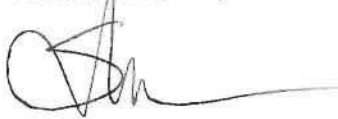
Susan describes how she has benefitted from one of our support programmes:

"It's making a huge difference to me and is having a really positive effect on my health. This is the first time in a long time that I've been able to relax, physically and emotionally... Most other courses focus on my mental health and condition. This one doesn't, it focuses on me!"

Thanks to your donation, Susan and many others will experience life-changing solutions, more opportunities and better mental health. If you would like to know more about how your support will help, please feel free to get in touch with us. Or if you prefer, you can visit us online at www.samh.org.uk

Thank you again for making a positive difference to mental health with your fantastic fundraising.

Warmest wishes,



Seonaid Mason
Supporter Care Fundraiser

**FOR SCOTLAND'S
MENTAL HEALTH**

www.samh.org.uk

Scottish Charity No SC008897. Scottish Association for Mental Health.
SAMH is a company limited by guarantee, registered in Scotland No 82340.
Registered Office: Brunswick House, 51 Wilson Street, Glasgow G1 1UZ.



**Healthy
Working
Lives**



Thank you

for supporting Scotland's mental health

You're Great!

The Gathering Invitational 2016

raised

£1,330.00

in aid of SAMH



Certificate of Appreciation